

**Jessica Cruz (Formerly Piller), PhD**  
206 375-8323  
Bienestarneuropsychology@proton.me

## **EDUCATION**

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- Ph.D.  
2021                    **Fielding Graduate University** (APA Accredited)  
Clinical Psychology, Neuropsychology, and Forensic Psychology  
Dissertation:  
*Clarifying the Construct of Mindfulness: An Investigation of Dispositional Mindfulness and the Attention Network Test – Vigilance (ANTI-Vea)*
- M.A.  
2010                    **Antioch University**  
Psychology, Mental Health Counseling, and Art Therapy
- B.A.  
2002                    **Portland State University**  
Psychology and Graphic Design

## **POSTDOCTORAL FELLOWSHIP**

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- 2023 – 2025            **Pacific Rehabilitation Centers**  
Puyallup, Washington  
Training Emphasis: *Neuropsychology and Rehabilitation Psychology*
- 2021 – 2022            **Kaiser Permanente**  
Portland, Oregon  
Training Emphasis: *Neuropsychology*

## **DOCTORAL PSYCHOLOGY INTERNSHIP**

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- 2020 – 2021            **Alexandria Veterans Affairs Healthcare System** (APA Accredited)  
Pineville, Louisiana  
Training Emphasis: *Neuropsychology and Health Psychology*

## **DOCTORAL PSYCHOLOGY PRACTICA**

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- 2017 – 2018            **Western State Hospital**  
Lakewood, Washington  
Training Emphasis: *Neuropsychological and Forensic Assessment*
- 2017 – 2018            **Joy and Wellness Center**  
Puyallup, Washington  
Training Emphasis: *Individual Psychotherapy Services*
- 2016 – 2017            **Child Study and Treatment Center**  
Lakewood, Washington  
Training Emphasis: *Psychological Assessment and Intervention*
- 2015 – 2016            **Neuropsychological Services of the South Sound**  
Tumwater, Washington  
Training Emphasis: *Neuropsychological and Rehabilitation Services*

## **CLINICAL EXPERIENCE**

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- 2026 - Present            **Antioch University**  
Supervision of Predoctoral Students Assessment Practicum

2026 – Present      **Bienestar Neuropsychological Services, PLLC**  
Neuropsychological Services

2026 – Present      **Rainier School Residential Habilitation Center**  
Psychological assessment, behavior support planning, and supervision

2025 – 2026        **Joy and Wellness Center**  
Neuropsychological services, intern supervision

2022 – 2025        **Western State Hospital**  
Forensic psychological services and violence risk assessment

2018 – 2020        **Harborview Medical Center and University of Washington Medical Center**  
Psychometric test administration, inpatient and outpatient

2014 – 2017        **Rainier School Residential Habilitation Center**  
Psychological assessment, individual and group therapy

2012 – 2013        **Western State Hospital**  
Forensic admissions

2010 – 2012        **Pierce Regional Support Network**  
Crisis intervention and mental health counseling

2009 – 2010        **Peterson Therapy Services**  
Individual and family therapy

2009 – 2010        **St. Joseph Medical Center and St. Francis Hospital**  
Crisis intervention and mental health counseling

2009 – 2010        **Recovery Response Center**  
Crisis intervention and mental health counseling

2008 – 2009        **Pierce County Human Services**  
Chemical dependency assessment, individual and group therapy, crisis  
intervention, and mental health counseling

2008 – 2009        **New Traditions**  
Chemical dependency groups

2006 – 2008        **Perinatal Treatment Services**  
Chemical dependency assessment, individual and group therapy

**RESEARCH EXPERIENCE**

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Research Associate      **Associations Among Neurological Symptoms, Mood Disorders,  
2021 – 2024              Inflammatory Markers and Cortisol in Long-Term Non-Hospitalized  
COVID-19 Survivors**  
Fielding Graduate University  
PI: Laura Thompson, Ph.D.

Research Associate 2019 – 2021	<b>Mindfulness Research Group: Mindfulness Interventions</b> Fielding Graduate University and Harvard Medical School PI: Asimina Lazaridou, Ph.D.
Research Associate 2016 – 2017	<b>Multicultural Student Association Mentoring Project</b> Fielding Graduate University PI: Anthony Green, Ph.D.
Research Extern 2014 – 2015	<b>Adult Developmental Disabilities Project</b> State of Washington Department of Health and Human Services PI: Constance Sharp, Ph.D.
Research Study Assistant 2009 – 2010	<b>Twin Study of Chronic Widespread Pain</b> University of Washington PI: Eric Stratton, Ph.D.
Volunteer Research Assistant 2007 – 2008	<b>Mindfulness-Based Relapse Prevention Study</b> University of Washington PI: Alan Marlatt, Ph.D.
Research Study Assistant 2006 – 2007	<b>Outcomes in Pain Measurement Study</b> University of Washington PI: Kurt Johnson, Ph.D.
Volunteer Research Assistant 2006 – 2006	<b>Alcohol Thought Suppression Study</b> University of Washington PI: Alan Marlatt, Ph.D.
Research Study Assistant 2003 – 2006	<b>Orthopaedics and Sports Medicine Outcomes Study</b> University of Washington PI: Sarah Holt, Ph.D.
Student Research Assistant 2002 – 2003	<b>Brain Imaging Project</b> Portland State University PI: Jacob Driesen, Ph.D.

## **POSTER PRESENTATION**

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**Filler, J. L.** (2016, August). *Fragile X and Autism Spectrum Disorder: Symptom Considerations*.  
Poster presented at the American Psychological Association Convention, Denver, CO.

## **TEACHING EXPERIENCE**

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### **Adjunct Professor, Department of Psychology, Doctoral Program, Antioch University**

2026 Winter	Clinical Neuropsychology
2026 Spring	Personality Assessment
2026 Summer	Integrated Assessment

### **Adjunct Professor, Department of Psychology, Pacific University**

2021	Lifespan Development
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### **Undergraduate Teaching Assistant, Department of Psychology, Portland State University**

2003 The Psychology of Sensation and Perception  
2002 Neuropsychology and Cognition

### **CONSULTING/TRAINING**

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2021 (May) **Alexandria Police Department**, Alexandria, LA  
Trainer: Psychosis versus Substance-Induced Psychosis: De-escalation and Intervention Strategies.

2021 (January) **Alexandria Police Department**, Alexandria, LA  
Trainer: Psychosis versus Substance-Induced Psychosis: De-escalation and Intervention Strategies.

2020 **Alexandria Police Department**, Alexandria, LA  
Trainer: Psychosis versus Substance-Induced Psychosis: De-escalation and Intervention Strategies.

2017 – 2018 **Metropolitan Development Council**, Tacoma, WA  
Consultant: Design and implementation of a recovery model group therapy didactic for an inpatient psychiatric unit

2012 **State of Washington Peer Counselor Certification**, Tacoma, WA  
Trainer: Promoting and Maintaining Safety in Mental Health Settings

2011 **State of Washington Peer Counselor Certification**, Tacoma, WA  
Trainer: Promoting and Maintaining Safety in Mental Health Settings

### **HONOR SOCIETIES**

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2002 Psi Chi, National Honor Society in Psychology

### **PROFESSIONAL AFFILIATION**

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2015 American Psychological Association  
2015 American Board of Professional Psychology  
2015 Clinical Neuropsychology, Division 40, APA  
2024 National Academy of Neuropsychology, Inc.  
2024 Pacific Northwest Neuropsychological Society  
2024 The International Neuropsychology Society

### **CERTIFICATION**

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2021 **Cognitive Processing Therapy**  
Veterans Health Administration, U.S. Department of Veterans Affairs

### **LICENSURE**

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2023 **Psychologist License, Washington**  
PY61220365

2023 **Psychologist License, Oregon**  
3687

2025 **Authority to Practice Interjurisdictional Telepsychology (APIT) PSYPACT**  
23685

2026

**Substance Use Disorder Professional (SUDP)**  
CP60063896